

# BAAS-CERT-APPLIED POSITIVE PSYCHOLOGY (BCAP)

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Code	Title	Course Units
APOP 1000	Introduction to Positive Psychology	1
APOP 1200	Human Flourishing: Strengths and Resilience	1
APOP 2000	Positive Psychology at Work	1
APOP 2200	Flourishing with Others: Building Thriving Relationships	1
APOP 2700	Flourishing and Well-Being in Resilient Communities	1
APOP 2900	Understanding the Science of Positive Psychology	1
APOP 3400	Flourishing through Creativity and the Arts	1