

NUTRITION, MINOR

The focus of the Graduate level Nutrition Minor is to give students an option for more advanced nutrition courses in a manner that permits them to have documentation of this knowledge. This training will be useful for nurses who intend to practice in a nutrition-related field, for MPH students who choose to focus on nutrition-related issues such as obesity or global health, and for Penn students who intend to submatriculate for graduate level work at Penn and desire such coursework.

For more information: <https://www.nursing.upenn.edu/academics/master-of-science-in-nursing-msn/minors/>

Curriculum

A total of three course units are required.

Pre-requisites: Basic Nutrition Course (NURS 1120, NURS 0065, or transfer credit).

Code	Title	Course Units
Select at least three of the following: ¹		3
NURS 5130	Obesity and Society	
NURS 5160	Social Determinants of Global Food Insecurity	
NURS 5210	Current Topics in Nutrition	
NURS 5230	Advanced Nutrition: Molecular Basis of Nutrition	
NURS 5240	Advanced Human Nutrition and Micronutrient Metabolism	
Online Courses		
NUTR 6010	Nutritional Epidemiology (Online Courses)	
NUTR 6020	Advanced Micronutrient Metabolism	
NUTR 6030	Advanced Medical Nutrition Therapy I	
NUTR 6040	Advanced Macronutrient Metabolism	
NUTR 6050	Advanced Medical Nutrition Therapy II	
NUTR 6090	Nutrition Equity	
NUTR 6100	Omics of Nutrition Science	
NUTR 6120	Culinary Nutrition	

¹ Courses must be approved by the Graduate Professional Curriculum Committee.

The degree and major requirements displayed are intended as a guide for students entering in the Fall of 2023 and later. Students should consult with their academic program regarding final certifications and requirements for graduation.
