

# NURSING, BSN

Penn Nursing combines the resources and opportunities of a large university with the intimacy and personal attention of a small college. Our traditional four-year BSN is a direct-entry program for graduating high school seniors.

At Penn Nursing, you will learn from a passionate faculty (<http://www.nursing.upenn.edu/about/our-faculty>) whose accomplishments are recognized worldwide. You will benefit from the academic opportunities (<http://www.nursing.upenn.edu/academics/bachelor-of-science-in-nursing-bsn>) of an Ivy League university while enjoying a fun and fulfilling campus life (<http://www.nursing.upenn.edu/about/our-students/student-life>). You will gain clinical experience (<http://www.nursing.upenn.edu/practice/practice-partners>) in some of the nation's top hospitals, located just steps from your classrooms. And you will have the chance to participate in faculty-driven research (<http://www.nursing.upenn.edu/research>), supported by state-of-the-art technology (<http://www.nursing.upenn.edu/academics/a-penn-nursing-education/learning-through-simulation>). Penn Nursing graduates are the leaders shaping the future of health care practice, policy, research, and education.

The nursing program begins in your freshman year with a combination of science, nursing, and liberal arts courses, and students are encouraged to take advantage of our flexible curriculum and take courses offered within Penn's four undergraduate schools. Clinicals begin in the spring of your sophomore year, and students will have experiences in primary care, acute care, women's health, and mental health settings working with patients from newborns to older adults.

**For more information:** <http://www.nursing.upenn.edu/admissions/undergraduate/Pages/default.aspx>

## Nursing, BSN Requirements

Code	Title	Course Units
<b>Non-Nursing Major Requirements</b>		
<i>Writing Requirement</i>		
Select a Writing Intensive Course		1
<i>Language Requirement</i>		
Satisfy by exemption or if language proficiency completed in less than 4 semesters, use remaining course units as free electives		4
<b>Distribution by Sectors</b>		
Arts & Letters Sector		1
Society and Social Structures Sector		1
Histories and Traditions Sector		1
Global and Cultural Studies Sector		1
Reasoning, Systems, and Relationships Sector		1
Natural Sciences Sector - satisfied by:		
NURS 061	Biologically-Based Chemistry	
NURS 068	Integrated Cell Biology and Microbiology	
Free Elective		1
<b>Nursing Major Courses</b>		
<i>Nursing Foundational Courses</i>		
NURS 101	The Nature of Nursing Practice	0.5
NURS 102	Situating the Practice of Nursing	0.5

NURS 103	Psychological and Social Diversity in Health and Wellness	1
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### *Nursing Clinical Courses*

NURS 215	Nursing of Women and Infants	1.5
NURS 225	Pediatric Nursing	1.5
NURS 235	Psychiatric Nursing	1.5
NURS 245	Nursing of Young and Middle Aged Adults	1.5
NURS 255	Nursing of Older Adults	1.5
Select a Nursing Case Study from among NURS 355-NURS 369		1
NURS 380	Nursing in the Community	2
NURS 390	Leadership in the Complex Healthcare System	3

### **Science Requirements**

NURS 061	Biologically-Based Chemistry	0.5
NURS 065	Fundamentals of Nutrition	1
NURS 068	Integrated Cell Biology and Microbiology	1
NURS 163	Integrated Anatomy, Physiology, and Physical Assessment I	2
NURS 164	Integrated Human Anatomy, Physiology & Physical Assessment II	2
NURS 165	Integrated Pathophysiology, Pharmacology, and Therapeutics	2

### **Non-Clinical Courses**

Health Policy Requirement <sup>1</sup>		1
NURS 230	Statistics for Research and Measurement	1
NURS 547	Scientific Inquiry for Evidence-based Practice	1
Select one of the following:		1
NURS 330	Theoretical Foundations of Health Care Ethics	
PHIL 072	Biomedical Ethics	
SOCI 118	Sociology of Bioethics	
NURS 389	Research/Inquiry-Based Service Residency	0.5
<i>Nursing Elective</i>		
Select a Nursing Elective		1
Total Course Units		40.5

<sup>1</sup> See the BSN Handbook (<http://www.nursing.upenn.edu/student-services/resources/handbooks-forms-policies/bsn-handbook/degree-requirements>) for a list of approved Health Policy courses.

The degree and major requirements displayed are intended as a guide for students entering in the Fall of 2018 and later. Students should consult with their academic program regarding final certifications and requirements for graduation.

The following sample Plan of Study is just one possibility for undergraduate study. This plan may not be compatible with several academic options you might choose (e.g., study abroad, submatriculation, dual degree, etc.). If you are interested in pursuing any of the special academic options available to you during the course of your undergraduate experience and want to know how this will alter your plan of study, please contact your faculty advisor and/or the Office of

Student Services at 215-898-6687 or advisor@nursing.upenn.edu. Please note that all plans of study are subject to curricular change.

Course	Title	Course Units
<b>First Year</b>		
<b>Fall</b>		
NURS 061	Biologically-Based Chemistry	0.5
NURS 068	Integrated Cell Biology and Microbiology	1
NURS 101	The Nature of Nursing Practice	0.5
	Critical Writing Requirement	1
	Language Requirement (or free elective if level IV proficiency met)	1
	Course Units	4
<b>Spring</b>		
NURS 065	Fundamentals of Nutrition	1
NURS 163	Integrated Anatomy, Physiology, and Physical Assessment I	2
NURS 102	Situating the Practice of Nursing	0.5
	Sector Requirement (e.g. Reasoning, Systems, & Relationships) <sup>1</sup>	1
	Language Requirement (or free elective if level IV proficiency met) <sup>2</sup>	1
	Course Units	5.5
<b>Second Year</b>		
<b>Fall</b>		
NURS 164	Integrated Human Anatomy, Physiology & Physical Assessment II	2
NURS 103	Psychological and Social Diversity in Health and Wellness	1
	Sector Requirement (e.g. Arts and Letters)	1
	Language Requirement (or free elective if level IV proficiency met)	1
	Course Units	5
<b>Spring</b>		
NURS 165	Integrated Pathophysiology, Pharmacology, and Therapeutics	2
NURS 215	Nursing of Women and Infants	1.5
	Sector Requirement (e.g. Histories and Traditions)	1
	Language Requirement (or free elective if level IV proficiency met)	1
	Course Units	5.5
<b>Third Year</b>		
<b>Fall</b>		
NURS 245 & NURS 255	Nursing of Young and Middle Aged Adults and Nursing of Older Adults	3
	Select one of the following:	1
NURS 334	Public Policy and the Nation's Health (or approved Health Policy course) <sup>3</sup>	
NURS 330	Theoretical Foundations of Health Care Ethics (or approved Health Care Ethics course) <sup>4</sup>	
NURS 230	Statistics for Research and Measurement	1
	Course Units	5

<b>Spring</b>		
NURS 225 & NURS 235	Pediatric Nursing and Psychiatric Nursing	3
	Select one of the following:	1
NURS 334	Public Policy and the Nation's Health (or approved Health Policy course) <sup>3</sup>	
NURS 330	Theoretical Foundations of Health Care Ethics (or approved Health Care Ethics course) <sup>4</sup>	
NURS 547	Scientific Inquiry for Evidence-based Practice	1
	Course Units	5
<b>Fourth Year</b>		
<b>Fall</b>		
NURS 380	Nursing in the Community	2
	Select 1 course from NURS 355-NURS 368	1
	Sector Requirement (e.g. Global and Cultural Studies)	1
	Sector Requirement (e.g. Society and Social Structures)	1
	Course Units	5
<b>Spring</b>		
NURS 390	Leadership in the Complex Healthcare System	3
NURS 389	Research/Inquiry-Based Service Residency	0.5
	Nursing Elective	1
	Free Elective	1
	Course Units	5.5
	Total Course Units	40.5

<sup>1</sup> Sector requirements can be taken in any order. For more information on sector requirements, refer to p.26 of the BSN Handbook (<http://www.nursing.upenn.edu/student-services/resources/handbooks-forms-policies/bsn-handbook>).

<sup>2</sup> Free electives and language requirement courses may be taken pass/fail. For more detailed information on pass/fail policies, refer to the Pass/Fail section in the BSN handbook (<http://www.nursing.upenn.edu/student-services/resources/handbooks-forms-policies/bsn-handbook/courses-exam-related-policies/#pass/fail>).

<sup>3</sup> Check with your advisor for additional approved Health Policy courses.

<sup>4</sup> Check with your advisor for additional approved Health Care Ethics courses.

The Nursing Case Study can be taken during the junior or senior year (following completion of NURS 164 Integrated Human Anatomy, Physiology & Physical Assessment II). Only one course is required from the case study group. The Nursing Elective can be taken earlier in the plan of study depending upon the course selected.

Students must consult with an academic advisor prior to making revisions to the plan of study to ensure that the necessary curricular requirements are being met and to prevent delays in academic progression.

The following sample Plan of Study is just one possibility for second-degree students, and individual plans depend on what prerequisites students have fulfilled prior to matriculating at Penn. This plan may not be compatible with several academic options you might choose

(e.g., submatriculation, study abroad, minors, etc.). If you are interested in pursuing any of the special academic options available to you during the course of your undergraduate experience and want to know how this will alter your plan of study, please contact your faculty advisor and/or the Office of Student Services at 215-898-6687 or [advisor@nursing.upenn.edu](mailto:advisor@nursing.upenn.edu). Please note that all plans of study are subject to curricular change.

## BSN Plan of Study: Accelerated Summer Start

Course	Title	Course Units
<b>Transfer Credit</b>		
Please note: This is an estimation of potential transfer credit and does not constitute final approval until all final transcripts are submitted, course completion and grades are verified, etc.		
NURS 061	Biologically-Based Chemistry	0.5
NURS 065	Fundamentals of Nutrition	1
NURS 068	Integrated Cell Biology and Microbiology	1
NURS 131	Human Anatomy and Physiology - Part A	1.5
NURS 132	Human Anatomy and Physiology - Part B	1.5
NURS 230	Statistics for Research and Measurement	1
Liberal Arts Waiver		11
Course Units		17.5
<b>First Year</b>		
<b>Summer</b>		
NURS 103	Psychological and Social Diversity in Health and Wellness	1
NURS 159	Pathways To Practice	1
NURS 160	Physical Assessment	1
NURS 165	Integrated Pathophysiology, Pharmacology, and Therapeutics	2
Course Units		5
<b>Second Year</b>		
<b>Fall</b>		
NURS 215	Nursing of Women and Infants	1.5
NURS 225 & NURS 235	Pediatric Nursing and Psychiatric Nursing	3
NURS 547	Scientific Inquiry for Evidence-based Practice	1
Course Units		5.5
<b>Spring</b>		
NURS 245 & NURS 255	Nursing of Young and Middle Aged Adults and Nursing of Older Adults	3
Select one of the following Health Care Ethics courses: <sup>1</sup>		1
NURS 330	Theoretical Foundations of Health Care Ethics	
NURS 525	Ethical Aspects of Health and Technology	
SOCI 118	Sociology of Bioethics	
PHIL 072	Biomedical Ethics	
Select one Health Policy course <sup>1,2</sup>		1
Course Units		5

### Third Year

#### Fall

NURS 389	Research/Inquiry-Based Service Residency	0.5
NURS 390	Leadership in the Complex Healthcare System	3
Nursing Case Study <sup>1,2</sup>		1
Choose one Nursing elective <sup>1,2</sup>		1
Course Units		5.5

#### Summer

NURS 380	Nursing in the Community	2
Course Units		2
Total Course Units		40.5

<sup>1</sup> There is some flexibility as to when these courses can be taken (fall vs. spring). Please consult with an advisor about your options and course offerings.

<sup>2</sup> See the BSN Handbook (<http://www.nursing.upenn.edu/student-services/resources/handbooks-forms-policies/bsn-handbook>) for an approved list of courses.

### Notes

- All plans of study are subject to curricular change. Students must consult with an academic advisor prior to making revisions to the plan of study to ensure that the necessary curricular requirements are being met and to prevent delays in academic progression.
- Clinical experiences may include evenings, weekends, and 12 hour shifts. Most clinical rotations are accessible by public transportation; however a car may be necessary for transportation to some clinical sites.
- Course work outside the School of Nursing is not permitted, with the exception of approved non-nursing courses for the Health Care Ethics and Health Policy requirements.
- 5.5 course units is the maximum course load for undergraduate nursing students. Students who wish to exceed this limit must seek approval from the Office of Student Services prior to the advance registration period for the semester in question. If approved, the Office of Student Services will increase the maximum course load accordingly in Penn in Touch.