

# NUTRITION, MINOR

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Jointly sponsored by the Schools of Nursing and Arts and Sciences, the Nutrition Minor presents a broad view of the field and illustrates the pervasiveness of nutrition-related issues in such diverse fields as anthropology, economics, folklore, history, physiology, psychology, health care, and public policy.

**For more information:** <http://www.nursing.upenn.edu/nutrition-minor/>

The Nutrition Minor requires a total of 6 course units.

Code	Title	Course Units
<b>Minor Requirements</b>		
<b>Core Courses <sup>1</sup></b>		
Select 1 course unit from each Core A, B and C		
<i>Core A - Basic Nutrition:</i>		
NURS 0065	Fundamentals of Nutrition	1
or NURS 1120 Nutrition: Science & Applications		
<i>Core B - Scientific Basis of Nutrition:</i>		
Select one of the following Options:		1
Option 1:		
NURS 0068	Integrated Cell Biology and Microbiology with Recitation	
Option 2:		
BIOL 1017	The Biology of Food	
BIOL 1101	Introduction to Biology A	
BIOL 1121	Introduction to Biology - The Molecular Biology of Life	
<i>Core C - Advanced Nutrition:</i>		
NURS 5240	Advanced Human Nutrition and Micronutrient Metabolism	1
<b>Electives</b>		
Select 3 course units of Electives <sup>2</sup>		3
<b>Total Course Units</b>		<b>6</b>

1

It is strongly recommended that Core A & B courses be taken prior to the Elective courses.

2

See website (<http://www.nursing.upenn.edu/nutrition-minor/plans-of-study/>) for list of approved elective courses.

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The degree and major requirements displayed are intended as a guide for students entering in the Fall of 2022 and later. Students should consult with their academic program regarding final certifications and requirements for graduation.

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