

NUTRITION, MINOR

Jointly sponsored by the Schools of Nursing and Arts and Sciences, the Nutrition Minor presents a broad view of the field, and illustrates the pervasiveness of nutrition-related issues in such diverse fields as anthropology, economics, folklore, history, physiology, psychology, health care and public policy.

For more information: <https://www.nursing.upenn.edu/nutrition-minor/>

Code	Title	Course Units
Minor Requirements		
Core Courses ¹		
Select 1 course unit from each Core A, B and C		
<i>Core A - Basic Nutrition:</i>		
NURS 0065	Fundamentals of Nutrition	1
	or NURS 1120 Nutrition: Science & Applications	
<i>Core B - Scientific Basis of Nutrition:</i>		
Select one of the following Options:		1
Option 1:		
NURS 0068	Integrated Cell Biology and Microbiology with Recitation	
Option 2:		
BIOL 1017	The Biology of Food	
BIOL 1101	Introduction to Biology A	
BIOL 1121	Introduction to Biology - The Molecular Biology of Life	
<i>Core C - Advanced Nutrition:</i>		
NURS 5230	Advanced Nutrition: Molecular Basis of Nutrition	1
	or NURS 5240 Advanced Human Nutrition and Micronutrient Metabolism	
Electives		
Select 3 course units of Electives ²		3
Total Course Units		6

¹ It is strongly recommended that Core A & B courses be taken prior to the Elective courses.

² See website (<http://www.nursing.upenn.edu/nutrition-minor/plans-of-study/>) for list of approved elective courses.

The degree and major requirements displayed are intended as a guide for students entering in the Fall of 2024 and later. Students should consult with their academic program regarding final certifications and requirements for graduation.
