**NUTRITION, MINOR**

Jointly sponsored by the Schools of Nursing and Arts and Sciences, the Nutrition Minor presents a broad view of the field, and illustrates the pervasiveness of nutrition-related issues in such diverse fields as anthropology, economics, folklore, history, physiology, psychology, health care and public policy.

For more information: [https://www.nursing.upenn.edu/nutrition-minor/](https://www.nursing.upenn.edu/nutrition-minor/)

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**Core Courses**

Select 1 course unit from each Core A, B and C

**Core A - Basic Nutrition:**

- NURS 065 Fundamentals of Nutrition 1
- or NURS 112 Nutrition: Science & Applications

**Core B - Scientific Basis of Nutrition:**

Select one of the following Options: 1

Option 1:

- NURS 068 Integrated Cell Biology and Microbiology

Option 2:

- BIOL 017 The Biology of Food
- BIOL 101 Introduction to Biology A
- BIOL 121 Introduction to Biology - The Molecular Biology of Life

**Core C - Advanced Nutrition:**

- NURS 524 Advanced Human Nutrition and Micronutrient Metabolism 1.0

**Electives**

Select 3 course units of Electives 2 3

**Total Course Units**

6

1 It is strongly recommended that Core A & B courses be taken prior to the Elective courses.


The degree and major requirements displayed are intended as a guide for students entering in the Fall of 2020 and later. Students should consult with their academic program regarding final certifications and requirements for graduation.